

### Conference Description

This annual event is designed to be a comprehensive Conference dealing with all of the relevant issues in today's primary care settings. Each session will be devoted to the care of patients and will consist of Q & A preceded by a lecture presentation by leading specialists to a target audience of primary care physicians, physician assistants and nurse practitioners. Attendees will benefit whether they have an established patient base and desire updates and confirmation of their current practice delivery, are newly established, or see a wide variety of patient disease states. The content of this educational activity was developed based on data collected from previous Conference attendees, the Planning Committee's perceptions of needed improvements in primary care diagnoses and treatments, and review of current trends in literature.

The faculty for this Conference has been chosen based on their expertise and will attempt to address practice gaps by providing cutting-edge diagnosis and treatment options in areas such as cardiology, endocrinology, healthcare reform, osteoporosis, hospice, neurological diseases, oncology and psychiatry. Expanded knowledge and practice improvements by the attendees comes from case studies, patient outcomes, research results, best practice guidelines and encouraged interactions with the faculty. Measured outcomes will be addressed with interactive Q & A at the end of each presentation, utilizing an audience response system during presentations and exit surveys.

### Continuing Medical Education Credit

Tucson Osteopathic Medical Foundation is accredited by the American Osteopathic Association to sponsor continuing medical education for physicians.

The American Osteopathic Association designates this continuing medical education activity for a maximum of 30 credit hours of Category 1A – 28.0 for the general session and 2.0 for the Optional Workshop.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The University of Arizona College of Medicine at the Arizona Health Sciences Center and Tucson Osteopathic Medical Foundation. The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this educational activity for a maximum of 30.0 AMA PRA Category 1 credit(s)™ (28.0 maximum and 2.0 Optional Workshop.) Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Tucson Osteopathic Medical Foundation

Tucson Osteopathic Medical Foundation is a non-profit private operating foundation. The mission of the Tucson Osteopathic Medical Foundation is the achievement of excellence, innovation and caring in advancing community health care issues, enhancing medical education and developing sustainable support of projects which impact the lives of many today and in the future.

### The Office of Continuing Medical Education

The purpose of the Office of Continuing Medical Education (OCME) reflects the mission of the College of Medicine and the Arizona Health Sciences Center. This includes, "...to provide...continuing medical education for residents, clinical fellows, practicing physicians and other health care professionals" and "...to provide health care education and service for the people of Arizona" respectively. The OCME extends its service to include national and international health care professionals, facilitates lifelong independent learning, and promotes continuing medical education activities that lead to improved patient care outcomes.

### Southwestern Conference on Medicine Planning Committee Members

Jerry H. Hutchinson, Jr., D.O., FACO; Deborah Jane Power, D.O., MS, FACP, FACOI; Issa Y. Hallaq, D.O., FACO; William C. Inboden, D.O.; Kimberly Carlson, D.O.; John F. Manfredonia, D.O., FACOFP, FAAHPM; Edmund Krasinski, Jr., D.O., FAGC., PLLC; Bridget T. Walsh, D.O.; Melissa M. Heineman, D.O.; Daniel Walton, D.O., FACP, FACOI, FASN; and Nicole Ciffone, NP. Program Coordinator: Cece Pappas, Medical Education Manager.

The University of Arizona College of Medicine at the Arizona Health Sciences Center CME Planner: Bridget T. Walsh, D.O.; Associate Professor of Clinical Medicine Office of Continuing Medical Education: Kay O'Neill, Program Coordinator, Sr.

### CME Reporting Forms

In response to guidelines adopted by the AOA, the following sign-in procedure is in effect for this meeting: In order to obtain credit, **ALL** attendees must complete the evaluation of speakers and CME reporting form included in the syllabus or at registration. Both forms must be returned to the Conference staff by the conclusion of the meeting. Each attendee should claim only those hours that he/she actually spent in the educational activity.



MORNING HIKE

Tucson Osteopathic Medical Foundation and The University of Arizona College of Medicine at the Arizona Health Sciences Center present

# 19th annual Southwestern Conference on Medicine



RELAXING SPA



WORLD-CLASS GOLF

April 29 - May 2, 2010

JW Marriott Starr Pass Resort & Spa  
Tucson, Arizona

28 Credit Hours of AOA Category 1A • 28 Credit Hours of AMA Category 1  
Additional 2 Credit Hours Available with Optional Workshop

sponsored by



Tucson Osteopathic Medical Foundation



Arizona Health Sciences Center

Register now: [www.tomf.org](http://www.tomf.org)

## Schedule

### THURSDAY, APRIL 29, 2010

6:30 a.m. Registration/Sign - In Continental Breakfast  
*Tucson Ballroom Foyer*

6:45 a.m. Opening Remarks  
Deborah Jane Power, D.O., MS, FACP, FACOI

7:00 - 8:00 a.m. Sunrise Session - A Practical Approach to Managing Difficult Behaviors in Patients with Delirium and/or Dementia  
John F. Manfredonia D.O., FACOFP, FAAHPM

8:00 - 9:00 a.m. Parkinson's Disease - And Restless Leg Syndrome; Dopamine Deficient States  
Scott J. Sherman, M.D., Ph.D.

9:00 - 9:15 a.m. Break  
*Tucson Ballroom Foyer*

9:15 - 10:15 a.m. Diabetes - Not a Cookie Cutter Disease  
Israel A. Hartman, M.D., FACE

10:15 - 11:15 a.m. Death Certificate Procedures  
Cynthia M. Porterfield, D.O.

11:15 - 12:15 p.m. Gout  
Bridget T. Walsh, D.O.

12:15 - 1:15 p.m. Lunch - Hot Topics in Risk Management: Electronic Medical Records and "Specialty Creep"  
Karen Wright, RN, BSN, ARM, CPHRM  
*Tucson Ballroom-Salons F - J*

1:15 - 2:15 p.m. Orthopedic - Knee & Hip, Foot & Ankle  
Geoffrey S. Landis, D.O.

2:15 - 2:30 p.m. Break  
*Tucson Ballroom Foyer*

2:30 - 3:30 p.m. Metabolic Syndrome  
Robert J. Chilton, D.O., FACC, FACOI

3:30 - 4:30 p.m. Colorectal Cancer Prevention and Early Detection  
M. Peter Lance, M.D., FRCP

4:30 p.m. Sign-out/Adjourn

### FRIDAY, APRIL 30, 2010

6:30 a.m. Registration/Sign - In Continental Breakfast with Exhibitors  
*Tucson Ballroom Salons F - J*

6:55 a.m. Opening Remarks  
Deborah Jane Power, D.O., MS, FACP, FACOI

7:00 - 8:00 a.m. Sunrise Session - So You Are Fat  
Salvatore J. Tirrito, M.D., FACC

8:00 - 9:00 a.m. Adult Obesity - Gastroenterology  
Amy E. Foxe-Orenstein, D.O.

9:00 - 9:30 a.m. Break - Exhibitors  
*Tucson Ballroom - Salons F - J*

9:30 - 10:30 a.m. Osteoporosis Update  
Michael Maricic, M.D.

10:30 - 11:30 a.m. The Neurobiology and Treatment of Misbehavior: Addiction, Dangerous Thrill - Seeking, and Dry - Drunk Behavior  
Robert R. Johnson, D.O.

11:30 - 12:30 p.m. ENT Emergencies  
R. Jonathan Lara, D.O.

12:30 - 1:45 p.m. Lunch  
*Tucson Ballroom - Salons F - J*

1:45 - 4:45 p.m. Health Care Reform Panel  
Jane M. Orient, M.D.  
Matthew G. Heinz, M.D.

4:45 - 5:45 p.m. Healing Powers of Wine  
Tedd M. Goldfinger, D.O., FACC, FCCP

5:45 p.m. Sign-out/Adjourn Reception  
*Ania Terrace*

### SATURDAY, MAY 1, 2010

6:30 a.m. Registration/Sign - In Continental Breakfast with Exhibitors  
*Tucson Ballroom Salons F - J*

6:55 a.m. Opening Remarks  
Deborah Jane Power, D.O., MS, FACP, FACOI

7:00 - 8:00 a.m. Sunrise Session - Infections in Immunocompromised Hosts  
Fredrick M. Abrahamian, D.O., FACEP

8:00 - 9:00 a.m. Pediatric-Adult Diseases Now Seen in Childhood  
Geetha Raghuvver, M.D., MPH

9:00 - 9:30 a.m. Break  
*Tucson Ballroom - Salons F - J*

9:30 - 10:30 a.m. Cardiocerebral Resuscitation  
Gordon A. Ewy, M.D.

10:30 - 11:30 a.m. Depression  
Richard J. Metzner, M.D.

11:30 - 12:30 p.m. Heart Disease in Women - It is Different  
Gordon A. Ewy, M.D.

12:30 p.m. Sign-out/Adjourn

\*1:15 - 3:15 p.m. Optional Workshop OMT - The Use of Counterstrain Manipulation in Treating Some Common Pain Patterns  
Harmon L. Myers, D.O.  
*Tucson Ballroom - Salons C - D*

\*2 Credit Hours AOA Category 1A or AMA PRA Category 1

Workshop seating is limited and on a first-come basis. To register for the workshop, use the registration form or check with the on-site registration table for availability.



19th annual Southwestern Conference on Medicine April 29 - May 2, 2010

For more information on this and other CME events, please visit our website [www.tomf.org](http://www.tomf.org)

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Tucson Osteopathic Medical Foundation



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TUCSON, AZ

# 19th annual Southwestern Conference on Medicine

April 29-May 2, 2010

## Guest Faculty

### Fredrick M. Abrahamian, D.O., FACEP

Board Certified in Emergency Medicine; Associate Professor of Medicine, David Geffen School of Medicine at UCLA, Los Angeles, California; Director of Education, Department of Emergency Medicine, Olive View-UCLA Medical Center, Sylmar, CA

### Robert J. Chilton, D.O., FACC, FACOI

Board Certified in Internal Medicine, Cardiovascular Disease, and Electrophysiology; Associate Professor, Department of Medicine, Division of Cardiology, The University of Texas Health Science Center at San Antonio, TX; Associate Professor of Medicine and Director of the Cardiac Catheterization Laboratory at the Audie Murphy VA/University of Texas Health Science Center at San Antonio, TX

### Anthony H. Dekker, D.O., FAOAM

Certified, Family Practice and Osteopathic Manipulative Treatment, Adolescent and Young Adult Medicine, Sports Medicine, Geriatrics and Addiction Medicine; Associate Director, Phoenix Indian Medical Center, Director of Ambulatory Care and Community Health, Phoenix, AZ

### Gordon A. Ewy, M.D.

Board Certified in both Internal Medicine and Cardiovascular Diseases; Professor and Chief of Cardiology at the University of Arizona College of Medicine and Director of the University of Arizona Cardiology Fellowship Training Program; Director of Sarver Heart Center, Tucson, AZ

### Amy E. Foxx-Orenstein, D.O.

Certified, American Board of Internal Medicine and Gastroenterology; Associate Professor of Medicine; Gastroenterology and Hepatology Department of the Mayo Clinic, Rochester, MN

## CONFERENCE PLANNING COMMITTEE CHAIR Deborah Jane Power, D.O., MS, FACR, FACOI

### Tedd M. Goldfinger, D.O., FACC, FCCP

Clinical Assistant Professor of Medicine at the University of Arizona School of Medicine and Senior Cardiologist and President of Desert Cardiology of Tucson Heart Center, Tucson, AZ

### Israel A. Hartman, M.D., FACE

Assistant Professor, Department of Internal Medicine at University of North Texas, Health Science Center of Fort Worth; Medical Director and Principal Investigator, Multiple Health Research LLC; Private Practice-Internal Medicine/Endocrinology, Arlington, TX

### Matthew G. Heinz, M.D.

Member, Arizona House of Representatives-29th District, Phoenix, AZ, practicing Internal Medicine physician at Tucson Medical Center, Tucson, AZ

### Robert R. Johnson, D.O.

Board Certified, American Academy of Psychiatry and Neurology; Diplomate, American Board of Addiction Medicine; Medical Director, Sierra Tucson Treatment Center, Tucson, AZ

### M. Peter Lance, M.D., FRCP

Diplomate American Board, Internal Medicine, Subspecialty: Diplomate in Gastroenterology, Professor, Medicine, Molecular & Cellular Biology, and Public Health, Chief Cancer Control Officer, Director Health Research Alliance Arizona, Co-Director Cancer Prevention and Control, Arizona Cancer Center, Tucson, AZ

### Geoffrey S. Landis, D.O.

Certified, American Osteopathic Board of Orthopaedic Surgeons; Foot and Ankle Orthopaedic Surgery, Tucson Orthopaedic Institute PC, Tucson, AZ

### R. Jonathan Lara, D.O.

Member, American Academy of Otolaryngology, American Osteopathic College of Ophthalmology and Otolaryngology; Carlson Ear, Nose & Throat Associates, Tucson, AZ

### John F. Manfredonia, D.O., FACOFF, FAAHPM

National Medical Director, Odyssey HealthCare, Local Program Director of Odyssey, Tucson, AZ; Diplomate of the American Board of Hospice and Palliative Medicine and Osteopathic Family Physicians; Member of the Board of the American Academy of Hospice and Palliative Medicine and Director of their Board Review Course; Member of the American Osteopathic Association Council on Palliative Care Issues, Tucson, AZ

### Michael Maricic, M.D.

Clinical Associate Professor of Medicine at the University of Arizona School of Medicine; Catalina Pointe Arthritis and Rheumatology Specialists, Tucson, AZ

### Claire McKay, D.O.

M&S Radiology Radiologist, Baptist Health System, Baptist Health System Hospital, Austin, TX

### Richard J. Metzner, M.D.

Certified, American Board of Psychiatry and Neurology; Private Practice of General Psychiatry, Sedona, AZ; Clinical Professor of Psychiatry, U.C.L.A., Department of Psychiatry and Biobehavioral Sciences, Los Angeles, CA

### Monty C. Morales, M.D., FACC

Board Certified, Internal Medicine and Cardiovascular Disease; Pima Heart Center, Tucson, AZ

### Harmon L. Myers, D.O.

Board Certified in Family Practice; Advanced Counterstrain Instructor; Board Certified Special Proficiency in Manipulative Medicine, Tucson, AZ

### Jane M. Orient, M.D.

Certified, American Board of Internal Medicine; Executive Director, Association of American Physicians and Surgeons; Director of Continuing Medical Education, Carondelet St. Joseph's Hospital, Tucson; Professor of Clinical Medicine, Oregon Institute of Science and Medicine; private practice, Internal Medicine, Tucson, AZ

### Cynthia Porterfield, D.O.

Clinical Assistant Professor of Pathology, Residency Program, University of Arizona, Health Sciences Center; Anatomic Pathology and Forensic Pathology, Tucson, AZ

### Geetha Raghuvver, M.D., MPH

Associate Professor of Pediatrics, University of Missouri-Kansas City School of Medicine; Pediatric Cardiology, Children's Mercy Hospital, Kansas City, MO

### Frank E. Scott, D.O., FACR, FACOI, CCD

Board Certified in Rheumatology and Internal Medicine; Private Practice-Arthritis Medical Center of the Central Coast, Inc., Santa Maria, CA and Templeton, CA

### Scott J. Sherman, M.D., Ph.D.

Board Certified in Neurology; Associate Professor of Neurology at the University of Arizona College of Medicine at the Arizona Health Sciences Center, Tucson, AZ; Medical Director of the Arizona Chapter of the American Parkinson's Disease Association and Director of the Parkinson's Disease Program of the Rehabilitation Institute of Tucson, Tucson, AZ

### Salvatore J. Tirrito, M.D., FACC

Board Certified, Internal Medicine, Adult Comprehensive Echocardiography, Nuclear Cardiology and Cardiovascular Diseases; Cardiologist, Pima Heart Center, Tucson, AZ

### Bridget T. Walsh, D.O.

Board Certified in Internal Medicine and Rheumatology; Private Practice - Catalina Pointe Arthritis and Rheumatology Specialists, PC; Director of Clinical Research, Catalina Pointe; Clinical Research and Associate Professor Clinical Medicine, University of Arizona, Tucson, AZ

### Karen Wright, RN, BSN, ARM, CPHRM

Senior Account Services Consultant, Insurance Services and Corporate Communications, Mutual Insurance Company of Arizona, Phoenix, AZ

## 19th annual Southwestern Conference on Medicine

April 29-May 2, 2010

28 Credit Hours Category 1A/Category 1

Note: Additional 2 Credit Hours available with optional workshop. Please print or attach a business card. Additional registrants may duplicate this form as necessary. You may also register online at: [www.tomf.org](http://www.tomf.org)

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Business Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Specialty \_\_\_\_\_

DO  MD  PA  NP  RN

Other \_\_\_\_\_

AOA Number \_\_\_\_\_

Preferred Name on Badge \_\_\_\_\_

### Optional Workshop (Please check below if attending)

2 Credit Hours Category 1A/Category 1

\_\_\_\_ "OMT - The Use of Counterstrain Manipulation in Treating Some Common Pain Patterns" with Harmon L. Myers, D.O.

### Meal Functions

Each Conference participant may bring one guest to the **Friday Night Reception**. All other meal functions are for registered participants only.

Please indicate which meal functions you will/will not attend:

Thursday Breakfast  Yes  No  
 Thursday Luncheon  Yes  No  
 Friday Breakfast  Yes  No  
 Friday Luncheon with Exhibitors  Yes  No  
 Friday Reception  Yes  No **Guest**  Yes  No  
 Saturday Breakfast  Yes  No  
 Sunday Breakfast  Yes  No

\_\_\_\_ Please check here for special dietary needs.

Registration fee/Total \$ \_\_\_\_\_

### Payment Section

My Check in the amount of \$ \_\_\_\_\_ is enclosed.

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Make checks payable to Tucson Osteopathic Medical Foundation and mail to:

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For more information on this and other CME events, please visit our web site [www.tomf.org](http://www.tomf.org).

### Hotel Information

**JW Marriott Starr Pass Resort & Spa**  
**3800 W. Starr Pass Boulevard, Tucson, AZ 85745**

Attendees of the Southwestern Conference on Medicine may reserve rooms at the JW Marriott Starr Pass Resort and Spa, Tucson's newest and most intriguing resort experience. The on-premise 27-hole Arnold Palmer Signature Golf Course wraps its true desert-mountain attributes around much of the resort. Seven fine dining options include Primo, featuring the Mediterranean cuisine of award-winning Chef Melissa Kelly; Signature Grill, serving American Western Cuisine and Catalina Steakhouse, at the Gold Club, serving grilled-to-perfection steaks and seafood.

A special rate of \$199.00 single or double occupancy, plus tax is being offered to Southwestern Conference participants. Rooms may be reserved at this special rate until April 7, 2010, or until the Foundation's room block is filled. Please visit the following website: [www.jwmarriottstarrpass.com](http://www.jwmarriottstarrpass.com) and click on "book now" and enter group code **tomtoma** to reserve your hotel room. You may also call the JW Marriott Starr Pass directly at (800) 228-9290 or (888) 527-8989 and indicate that you are with the Southwestern Conference group.



### Special Assistance

Please indicate if you require assistance with hearing, vision, mobility, or any other special needs to make this program accessible to you. Contact the Program Coordinator, Cece Pappas at (520) 299-4545 or [cece@tomf.org](mailto:cece@tomf.org) to make the necessary arrangements. Requests should be made as early as possible to allow time to make arrangements.

**Tuition fees include: 28 hours of CME credit, online syllabus and CD copy, daily breakfasts, Thursday and Friday lunches, 2 hours of CME Credit for Optional Workshop and the Friday night reception are included in the program tuition fee.**

#### Physicians

\$495 Early Tuition (before 4/1/2010)  
 \$520 Regular Tuition (from 4/2-4/28/2010)  
 \$570 On-Site Tuition

#### Nurse Practitioners, Physician Assistants and Full and Semi-Retirees

\$395 Early Tuition (before 4/1/2010)  
 \$420 Regular Tuition (from 4/2-4/28/2010)  
 \$470 On-Site Tuition

#### Residents and Fellows

\$50 Early, Regular and On-Site

### Payment Information

There are three ways to register for the 19th Annual Southwestern Conference on Medicine. Secure online registration is available through the TOMF website. Visit [www.tomf.org](http://www.tomf.org) and click on the Conference registration link on the home page. You may remit a check payable to the Tucson Osteopathic Medical Foundation (TOMF) with the downloadable registration form off the website or attached form in this brochure. You can also charge your fees on VISA, MasterCard or American Express, just complete the required information on the registration form and mail it to TOMF at 3182 N. Swan Rd., Tucson, AZ, 85712. You may also fax the form to (520) 299-4609.

### Registration Cancellation and Refund Policy

All requests for refunds must be in writing. Requests postmarked by April 23, 2010 will entitle registrant to a full refund less a \$60 processing fee. Refund requests will not be available after this date.