



# Southwestern Conference on Medicine®



## Thursday, April 23, 2026

A 10-20 minute question and answer session is included in each of the session times.

7:00 am – 8:00 am	Breakfast	
7:30 am – 8:45 am	Updates on Concussion for Primary Care	Mark Sakr, DO
8:45 am – 9:45 am	IBD Updates for the Primary Care Physician	Sasha Taleban, MD
9:45 am – 10:00 am	Break	
10:00 am – 11:00 am	When the Medical Examiner Calls: What Primary Care Physicians Should Know About Death Certification	Kevin Lougee, DO
11:00 am – 12:00 pm	Managing Hypertensive Disorders in Pregnant & Postpartum Patients	Shruti Bala, MD
12:00 pm – 12:45 pm	Lunch	
12:45 pm – 2:00 pm	Hernia, Hemorrhoids, Lumps & Bumps	Katie Artz, MD
2:00 pm – 3:00 pm	Integrating Obesity & Lifestyle Medicine into Primary Care: Tools That Work for Primary Care Patients	Esther Quintero-Marsteller, DO
3:00 pm – 3:10 pm	Break	
3:10 pm – 4:40 pm	Food as Medicine: Using This Mantra, Can We Reduce Cardiometabolic Risk?	Kris Vijay, MD
5:30 pm – 7:00 pm	“Cheers to 35 Years” Cocktail Reception	



*Like the saguaro cactus, whose blossoms crown decades of steady growth and whose roots run deep and far, our 35th Annual Southwestern Conference on Medicine celebrates our continued impact, inspiring the seasons ahead.*



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## Friday, April 24, 2026

A 10-20 minute question and answer session is included in each of the session times.

7:00 am - 8:00 am	Breakfast	
7:30 am - 8:45 am	Top Medical Articles of 2025	Andrew Buelt, DO
8:45 am - 9:45 am	Complex Hip & Knee Reconstruction: What Primary Care Providers Should Know	Gens Goodman, DO
9:45 am - 9:55 am	Break	
9:55 am - 10:55 am	Diabetes Management in the GLP-1 Era: What's New & What's Next	Mario Skugor, MD
10:55 am - 11:55 am	Updates in the Diagnosis & Management of Gout	Shariq Chudhri, DO
11:55 am - 12:40 pm	Lunch	
12:40 pm - 1:40 pm	Acne & Rosacea: Review & Update	Anthony Fernandez, MD
1:40 pm - 2:40 pm	Hypothyroidism & Thyroid Nodules	Sander Zwart, MD
2:40 pm - 2:50 pm	Break	
2:50 pm - 3:50 pm	Latest Patient Selection Trends of TAVR & SAVR in the USA	Michael Zhen-Yu Tong, MD
3:50 pm - 5:05 pm	When Rare Diseases Return: Recognizing & Responding with Vaccination	Nathan Price, MD

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# Southwestern Conference on Medicine®



## Saturday, April 25, 2026

A 10-20 minute question and answer session is included in each of the session times.

7:00 am - 8:00 am	Breakfast	
7:10 am - 8:10 am	Under Pressure: Where We Stand on the Management of Blood Pressure	<i>Andrew Buelt, DO</i>
8:15 am - 9:45 am	Stroke - What You Need to Know in Primary Care	<i>Alan H. Yee, DO</i>
9:45 am - 10:45 am	Management of Venous Disease	<i>William Harris, DO</i>
10:45 am - 10:55 am	Break	
10:55 am - 11:55 am	Practical Urology for Primary Care: OAB, Vaginal Estrogen, & Stress Incontinence	<i>Lauren Rittenberg, DO</i>
11:55 am - 12:05 pm	Grab & Go Lunch Pickup	
12:05 pm - 1:05 pm	Utilization of AI in Healthcare to Reduce Administrative Burdens & Improve Patient Care	<i>Neil Mehta, MD</i>
1:05 pm - 2:05 pm	An Integrated Approach to Treating Addiction in Primary Care (Part I) - OPIOID/CONTROLLED SUBSTANCE RELEVANT EDUCATION	<i>Jamie Weinand, MD</i>
2:05 pm - 2:15 pm	Break	
2:15 pm - 4:15 pm	An Integrated Approach to Treating Addiction in Primary Care (Part II) - OPIOID/CONTROLLED SUBSTANCE RELEVANT EDUCATION	<i>Jamie Weinand, MD</i>

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## Sunday, April 26, 2026 / General Session

A 10-20 minute question and answer session is included in each of the session times.

7:00 am – 8:30 am	Breakfast
7:25 am – 8:25 am	When to Treat, When to Refer: A Modern ENT Update for Primary Care <i>R. Jonathan Lara, DO</i>
8:30 am – 9:30 am	NASH & Fatty Liver: Practical Approaches for Primary Care <i>Kalpana Devaraj, MD</i>
9:30 am – 10:30 am	Infectious Disease Update 2026: What Primary Care Needs to Know (Part I) <i>Tirdad T. Zangeneh, DO</i>
10:30 am – 10:40 am	General Session Break
10:40 am – 11:40 am	Infectious Disease Update 2026: What Primary Care Needs to Know (Part II) <i>Tirdad T. Zangeneh, DO</i>
11:40 am – 12:40 pm	Sarcopenia & Falls: Recognition & Management in Older Adults <i>Hosam Kamel, MD</i>



## Sunday, April 26, 2026 / OMT Workshop

7:25 pm – 9:15 am	Immune System Modulation via Osteopathic Manipulative Treatment (Part I) <i>James Keane, DO</i>
9:15 am – 9:30 am	OMT Break
9:30 am – 11:15 am	Immune System Modulation via Osteopathic Manipulative Treatment (Part II) <i>James Keane, DO</i>
11:15 am – 11:30 am	OMT Break
11:30 am – 12:55 pm	Immune System Modulation via Osteopathic Manipulative Treatment (Part III) <i>James Keane, DO</i>

**SAVE THE DATE!**

**2027 Southwestern Conference on Medicine / April 15 - 18, 2027 / Westward Look Wyndham Resort & Spa**