Strain & Counterstrain

September 26-27, 2009

DATES & TIMES
Saturday, September 26, 2009
1:00 p.m. - 3:00 p.m. Registration/Workshop
3:00 p.m. - 3:30 p.m. Break
3:30 p.m. - 5:30 p.m. Workshop

Sunday, September 27, 2009
7:30 a.m. - 8:00 a.m. Breakfast/Registration
8:00 a.m. - 10:30 a.m. Workshop
10:30 a.m. - 11:00 a.m. Break
11:00 a.m. - 1:00 p.m. Workshop
1:00 p.m. Adjourn

Location/Conference Information
Tucson Osteopathic Medical Foundation • 3182 N. Swan Road • Tucson, AZ 85712 • (520) 299-4545 • (800) 201-8663 • Fax (520) 299-4609 • Contact: Cece Pappas, Medical Education Manager

Housing
For your convenience, a block of rooms has been reserved for workshop participants at the Sheraton Tucson Hotel & Suites. A special weekend rate of $119 plus tax for a standard room or $129 for a suite is available until September 11, 2009. After that date, room reservations will be on a first-come, first-serve basis. Make all personal room reservations directly with the Sheraton. Call Ana Piveral at (520) 784-7507. Indicate that you are with the Tucson Osteopathic Medical Foundation group.

Food
Complimentary afternoon refreshments on Saturday and breakfast on Sunday will be served. During workshop hours participants may be reached by phone at (520) 299-4545 or (520) 975-0357.

Course Objectives
Strain and Counterstrain is an atraumatic way of treating somatic dysfunction that puts the patient in a position of comfort to relieve inappropriate neuro-muscular reflexes. Diagnosis and treatment will be correlated with the myofascial trigger point and referred pain pattern of the muscles being treated and clinical conditions will be addressed. It can be used with safety in almost any condition and with patients of any age. The focus of this tutorial will be on the Cervical Spine, Thoracic Spine, Rib Cage, Shoulders and Upper Extremities (elbow, wrist, hand).

Enrollment
Limited to 30 participants.

Faculty
Harmon L. Myers, D.O. Board Certified in Family Practice; Advanced Counterstrain Instructor; Board Certified Special Proficiency in Manipulative Medicine • Assisted by: F.P. Wedel, D.O., FACMQ; William H. Devine, D.O., C-NMM-OMM

Registration
$185 Early Registration Fee • $200 Registration Fee
Early registration deadline is August 31, 2009. Registration will close for all participants on September 25, 2009 or before that date if maximum enrollment has been reached. Make tuition checks payable to Tucson Osteopathic Medical Foundation or register on-line at www.tomf.org

Refunds
Pre-paid registration fees will be refunded upon written notice of cancellation before September 25, 2009 minus $50 for processing fees.

Registration Form
Please Print

Mail or Fax Registration and Payment to TOMF (address & fax number above), or register on-line at www.tomf.org

Name: ____________________________
Address (billing address): ________________________________________________________________
City/State/Zip: ____________________________
Business Phone: ( ) ____________________________ E-Mail: ____________________________ AOA #: ____________________________
Please check: □ D.O. □ M.D. □ Physical Therapist □ Other
Payment: □ Check Enclosed (Make payable to: Tucson Osteopathic Medical Foundation)
□ Visa □ MasterCard □ American Express Card#: ____________________________ Exp. Date: ____________________________
Name (as it appears on card): ____________________________
Signature: ____________________________________________________________________________
Strain & Counterstrain Workshop

September 26-27, 2009

- Upper Extremities (elbow, wrist, hand)
- Cervical Spine
- Thoracic Spine
- Rib Cage
- Shoulders

Sponsored by:

TUCSON
OSTEOPATHIC
MEDICAL
FOUNDATION

3182 N. Swan Road
Tucson, AZ 85712

For more information on this and other CME events, please visit our website www.tomf.org

Hands-On Training by Harmon L. Myers, D.O.

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