An emphasis on hands-on training with Harmon L. Myers, DO
SATURDAY, SEPTEMBER 24, 2011

Strain and Counterstrain and Its Clinical Applications
COURSE OBJECTIVES
Strain and Counterstrain is an atraumatic way of treating somatic dysfunction that puts the patient in a position of comfort to relieve inappropriate neuro-muscular reflexes. Diagnosis and treatment will be correlated with the myofascial trigger point and referred pain pattern of the muscles being treated and clinical conditions will be addressed. It can be used with safety in almost any condition and with patients of any age.

The training time will be devoted to case histories and treatments with “hands-on” techniques so that the participants will have the opportunity to learn and perform practical Counterstrain applications. Each participant will be able to practice the learned techniques on another person. Comfortable attire should be worn to facilitate the learning process.

FACULTY
Harmon L. Myers, D.O.
Board Certified in Family Practice
Advanced Counterstrain Instructor
Board Certified Special Proficiency in Manipulative Medicine

Assisted by:
F.P. Wedel, D.O., FACMQ
William H. Devine, D.O., C-NMM-OMM
Julie Jernberg, M.D.

CONTINUING MEDICAL EDUCATION
Eight hours of AOA Category 1A Credit has been approved for this workshop. This course has been approved by the AzPTA for 8 continuing competence contact hours. AzPTA-approved courses are ‘Category A’ courses pursuant to Arizona Administrative Code R4-24-402.

RECOMMENDATION
Each participant should have Dr. Myers’ Clinical Application of Counterstrain Book. Copies will be available at a discounted rate of $87.96 for purchase at the workshop.

ENROLLMENT
Limited to 30 participants.

REGISTRATION
$185 Early Registration Fee
$200 Registration Fee

Early registration deadline is September 10, 2011. Registration will close for all participants on September 23, 2011 or before that date if maximum enrollment has been reached. Make tuition checks payable to Tucson Osteopathic Medical Foundation, or register online at www.tomf.org.

REFUNDS
Pre-paid registration fees will be refunded upon written notice of cancellation before September 24, 2011, minus $50 for processing fees.

DATE & TIME
Saturday, September 24, 2011
7:30 a.m. – 8:00 a.m.   Breakfast/Registration
8:00 a.m. – 12:00 p.m.  Workshop
12:00 p.m. – 1:00 p.m.   Lunch
1:00 p.m.  – 5:00 p.m.   Workshop
5:00 p.m.       Adjourn

FOOD & BEVERAGE
Complimentary breakfast and lunch will be served.

LOCATION
Tucson Osteopathic Medical Foundation
3182 N. Swan Road, Tucson, AZ 85712
Phone: (520) 299-4545
Toll Free: (800) 201-8663
Fax: (520) 299-4609

Contact:
Nicole Struck, Program and Meetings Manager

HOUSING
For your convenience a block of rooms has been reserved for workshop participants at the Sheraton Tucson Hotel & Suites at a special weekend rate of $119.00 plus tax for a deluxe room or suite. Room reservations will be on a first-come, first-served basis. Please call (520) 323-6262 for room reservations and indicate that you are with the Tucson Osteopathic Medical Foundation Strain and Counterstrain group.

EMERGENCY PHONE MESSAGES
During workshop hours participants may be reached at (520) 299-4545 or (520) 990-1349.

REGISTRATION FORM (PLEASE PRINT)
Mail or fax registration and payment to TOMF (address above) or register online at www.tomf.org

Name:
Billing Address:
City/State/Zip:
Business Phone:   AOA #:
E-Mail:
Please Check:   DO   MD   Physical Therapist   Other

Payment Information (please check one):
☐ Check Enclosed (payable to Tucson Osteopathic Medical Foundation)
☐ Visa  ☐ MasterCard  ☐ American Express
Card #:   Exp. Date:

Name (as it appears on card):

Signature: